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An undefeated mind is itself what grants us access to the creativity, strength, and courage necessary to find those real solutions, viewing obstacles not as distractions or detours off the main path of our lives

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The Undeclared Mind is a book about how to surmount the suffering that life throws our way. Our world is filled with challenges. Whether you are facing a job loss, or a devastating illness, or the death of a loved one (or know somebody who is), the tools in this book help you stand strong when tested.

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